



Dietary Restriction Menus

Vegetarian / Vegan / Gluten Free Entrées

Priced for 10-12 servings or more.

Ratatouille (GF/Vegan)

\$7.00

Vegetable Rosa (Vegetarian/Contains Dairy)

Spanish Rice, Bell Peppers, Zucchini,
Yellow Squash, Onions, & Garlic served
w/ Salsa & a blend of Shredded Cheese

\$5.75

Broccoli Divan (Vegetarian/Contains Dairy)

w/ Cauliflower, Carrots, & Onions over
Curried Multi-Grain Rice Pilaf w/
Mushroom

\$5.50

Stuffed Portobello Mushroom (Vegetarian/Contains Dairy)

Stuffed w/ Goat Cheese, Roasted
Veggies, & Tomato Coulis OR Roasted
Red Pepper Coulis. Can be Gluten Free
upon request.

\$7.50

Roasted Stuffed Peppers (GF/Vegetarian)

w/ Artichoke Hearts, Feta, Red Peppers,
Garden Vegetables, & Rice w/ Tomato
Reduction (Dairy Free/Vegan w/ No
Feta upon request)

\$6.75

Roasted Portobello Caprese (GF/Vegetarian)

w/ Extra Virgin Olive Oil, Fresh Sliced
Tomatoes, Basil, & Fresh Mozzarella w/
Marinara (Contains Dairy)

\$8.00

Eggplant Parmesan (Vegetarian)

Breaded Eggplant w/ Seasoned Italian
Bread Crumbs & baked w/ Marinara,
topped w/ three cheeses. (Contains
Gluten & Dairy)

\$7.25

Butternut Squash Ravioli
(Vegetarian)
w/ Sage Cream or Roasted Squash &
Vegetable Reduction
(Contains Gluten & Dairy)

\$10.00

Lasagna Marinara (Vegetarian)
w/ Vegetables & Marinara
(Lasagna sold in 12 or 24)
(Contains Gluten & Dairy)

\$7.25

Florentine Artichoke & Vegetable
Lasagna (Vegetarian Only)
(Contains Gluten & Dairy)
(Lasagna sold in 12 or 24)

w/ Marinara.....\$7.25

w/ Alfredo.....\$7.25

Roasted Red Pepper Florentine
Lasagna (Vegetarian)
w/ Boursin Cream
(Contains Gluten & Dairy)
(Lasagna sold in 12 or 24)
\$7.75

Pasta Primavera al Pesto Cream
(Vegetarian Only)
w/ Penne & Assorted Vegetables
(Contains Gluten & Dairy)
w/ Choice of Sauce:
Basil Pesto Cream
Alfredo
Sun-Dried Tomato Pesto Cream
\$7.25

Three-Cheese Penne (Vegetarian)
w/ Marinara & Italian Cheeses
(Contains Gluten & Dairy)
\$7.75

Penne Palomino (Vegetarian)
Pasta & Spinach in Tomato Alfredo
Sauce w/ Parmesan.
(Contains Gluten & Dairy)
\$6.25

Wild Mushroom Forestiere Pasta
in Madeira Cream.
Contains Gluten and Dairy.
\$6.60

Baked Rigatoni (Vegetarian)
Served w/ Fresh Parmesan.
Contains Gluten and Dairy
\$8.00

Grilled Vegetable Melange
(GF/Vegan)
w/ Red Pepper Coulis
(For Plate-Ups Only)
\$6.50

Grilled Vegetable Napoleon
(GF/Vegetarian)
w/ Red Pepper Coulis (For Plate-Ups)
\$8.50

Pad Thai (Vegan/GF)
Vegetables Stir-Fried w/ Peanut Sauce
& Tossed w/ Rice Noodles
\$6.25

Black Sesame Vegetable Stir-Fry
(Vegan/GF upon Request)
Over Multi-Grain Rice Pilaf (GF when
over Brown OR White Rice)
\$6.50

Italian Vegetable Stir-Fry
(Vegan/GF)
Stir-Fried Vegetables with Rice
& Italian Seasoning
\$6.50

Coconut Curry Vegetable Rice
(GF/Vegan/Soy Free)
Mixed Vegetables w/ Garlic, Ginger,
Coconut Milk, Mango Chutney & Mild
Curry Powder over Steamed Rice
\$7.00

Coconut Lemon Vegetable Rice
(GF/Vegan/Soy Free)
Mixed Vegetables w/ Coconut Lemon
Reduction, Shallots, White Wine,
Coconut Milk, Lemon Juice & Lemon
Zest over Steamed Rice
\$7.00

Sesame Vegetable Stir Fry Over
Quinoa w/ Tofu (Vegan)
Stir-Fried Vegetables & Tofu w/ Teriyaki
over Quinoa (Can be GF)
\$7.00

Spicy Vegetable Panang
(GF/Vegan)
Stir-Fry in Red Curry Coconut Milk
Cream over Rice Noodles (GF)
\$6.75

Apple Walnut Stuffed Acorn Squash
(GF/Vegan)
w/ Apple Cider Reduction.
(Available Sept-Feb)
\$6.75

Roasted Butternut Squash Risotto
in an Acorn Squash
(GF/Soy Free)
Roasted Butternut Squash, Onions,
Celery, & Carrots Sautéed in Olive Oil
with Vegetable Stock & Arborio Rice.
Served in a Roasted Acorn Squash,
Garnished with Fresh Parsley.
(Available Sept-Feb)
\$7.50