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*Meat Prices Subject to Change for the Current Market Price & Availability

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Braised Pot Roast w/ Potatoes, Onions, & Carrots in Red Wine Demi Glace	\$12.50	Beef Tenderloin Medallion Slices 6oz. Choice of:	
Ropa Vieja GF/DF	\$12.50	Demi-Glace DF	\$19.95
Shredded Beef & Vegetables Braised in Cuban Broth		Mushroom Demi-Glace DF	\$19.95
Beef Tips Sirloin Tips Sautéed w/ Onions, Peppers & Mushrooms in a Beef Demi-Glace	\$20.25	Forestiere Sauce GF Wild Mushroom Madeira Cream Sauce	\$20.95
BBQ Shredded Beef GF/DF	\$10.95	Burgundy Sauce DF Mushrooms, Onions & Carrots In a Demi	\$20.95
Slow Cooked, Shredded & Tossed in our Homemade BBQ Sauce		Glace with Red Wine	
BBQ Brisket GF/DF	\$21.95	Bordelaise Sauce GF Red Wine & Beef Stock Reduction	\$21.95
Sliced and Smoked in a BBQ Glaze			#10.0 F
Three Cheese Penne	\$9.25	Steak Diane	\$19.95
w/ Meat Sauce Penne Pasta w/ Marinara Sauce & Ground Beef	¢10.05	GF 6 oz. Tenderloin Medallions in a Mushroom Brandy Demi-Glace finished w/ Cream	
Lasagna Sold in Servings of 12 w/ Marinara Meat Sauce & Italian Cheeses	\$10.95	Teriyaki Steak 8 oz. Seared Teriyaki Marinated Choice Top	\$19.50
Baked Rigatoni w/ Marinara Meat Sauce and Italian Cheeses	\$10.95	Sirloin Steak served w/ Teriyaki Glaze	
Blend. Served w/ Parmesan.	40.05	LUNCHEON ENTRE	ES
Traditional Polish Stuffed	\$9.25	Poof Enghilades	ተ ດ FO
Cabbage GF/DF		Beef Enchiladas Layered Flour Tortillas w/ Ground Beef, Sautood Onions, Poppers, Change & Bod	\$9.50



w/ Ground Beef, Rice & Tomato Sauce

Braised Beef Pot Roast



Beef Tenderloin w/ Demi Glace

Beef Enchiladas Layered Flour Tortillas w/ Ground Beef, Sauteed Onions, Peppers, Cheese & Red Enchilada Sauce	\$9.50
Beef Stroganoff	\$10.75
Top Round Beef with Mushrooms, Sour Cream & Beef Demi-Glace over Pasta	
Ginger Sesame Beef &	\$15.00
Noodle Stir Fry *Gluten Free Available Upon Request Stir Fried Beef & Seasonal Vegetables with Ginger, Soy & Noodles Swedish Meatballs	\$ 7.95
*Meatballs contain Pork & Beef - All Beef Available Upon Request w/ Mushrooms, Sour Cream & Beef Demi Glace served w/ choice of Pasta or Rice	Ψ1.33
Polynesian Meatballs over Rice	\$7.95
*Meatballs contain Pork & Beef - All Beef Available Upon Request w/ Diced Pineapple, Bell Peppers & Onions in a Sweet & Sour Sauce Served Over Rice	·



CHICKEN

*All Items Priced Per Serving Unless Marked Otherwise. Meat Prices Subject to Change for the Current Market Price & Availability. All Chicken Breasts are Boneless/Skinless & 5 oz. Servings

Tarragon Dijon Chicken	\$6.75	Chicken Parmesan	\$7.25
GF Pan Seared Chicken Marinated in a White	ψ0.75	Breaded Chicken Breast w/ Italian Seasoning, Marinara Sauce & Topped w/	Ψ7.20
Wine Dijon Cream Reduction	¢6.75	Provolone & Parmesan Cheese	4
Tuscan Chicken Sautéed Chicken Breast in a Lemon & Parmesan Cream Sauce w/ Italian Herbs & Sun-Dried Tomatoes. Contains Soy. Can be Made Gluten Free Upon Request	\$6.75	Pollo Palomino Sautéed Chicken Breast Topped w/ Spinach, Provolone & Palomino Sauce Can be Made Gluten Free Upon Request	\$8.00
Chicken Brittany GF/DF Grilled Chicken Marinated in Apple, Balsamic, Garlic & Lemon	\$6.00	Chicken Romesco GF/DF *Contains Nuts w/ Roasted Red Peppers, Toasted Almonds, Garlic, Olive Oil, & Orange Zest	\$6.50
Chicken Marsala Sautéed w/ Mushrooms, Shallots & Garlic in	\$6.75	Teriyaki Chicken DF w/ Pineapple Pepper Sauce	\$6.00
a Marsala Reduction Almond Crusted Chicken GF*Contains Nuts Chicken Breast in Crumbhy Almond Conting	\$7.50	Chicken Del Ray Sautéed w/ Artichokes & Red Peppers in a White Wine Lemon Sauce	\$6.50
Chicken Breast in Crunchy Almond Coating & Baked with a Citrus Beurre Blanc Sauce		Chicken Chausser	\$6.50
Chicken Forestiere	\$6.50	Sautéed w/ Mushrooms, Sun-Dried Tomatoes, Garlic, & Herbs, deglazed w/ Brandy & finished w/ Chicken Veloutè	
GF Pan Seared w/ Wild Mushrooms & Shallots in Madeira Cream Sauce		Chicken Helena Chicken Stuffed w/ Roasted Red Peppers & Feta in Red Pepper Coulis	\$6.50
Chicken Piccata Sautéed in a Lemon & White Wine Sauce with Capers	\$6.75	Jamaican Jerk Chicken GF/DF *Spicy	\$7.00
Traverse City Chicken GF Marinated Grilled Chicken topped w/ Dried Cherries, Pecans, & Blue Cheese w/ Apple Glaze	\$7.25	Marinated & Grilled In Traditional Jerk Chicken Provencal GF/DF Baked w/ Tomatoes, Nicoise Olives, Peppers, Lemon, Parsley, Herbs Provencal, & Garlic in	\$6.50
Herb Roasted Chicken Chicken Breast Lightly Breaded w/ Italian Herbs & Oven-Roasted in a Garlic Dijon	\$5.50	a White Wine Reduction Chicken Creole GF/DF Spice Rubbed, Sautéed Chicken Breasts in a	\$7.25
Sauce Lemon Rosemary Chicken GF/DF	\$6.00	Traditional Creole Tomato Sauce. Garnished with Scallions & Peppers	
Grilled w/ Honey, Lemon & Fresh Rosemary	_	Southwestern Smothered Chicker	n \$7.00
BBQ Chicken Breast GF/DF	\$6.00 =	GF w/ Grilled Onions, Bell Peppers, Salsa & Pepper Jack Cheese	
		Mission Chicken GF *Contains Nuts Marinated, Grilled Chicken Breast topped with Candied Pecans, Goat Cheese	\$7.25







Chicken Brittany

Crumbles, Craisins, & Fig Vinaigrette Drizzle.



CHICKEN

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All Chicken Breasts are Boneless/Skinless & 5 oz. Servings

LUNCHEON ENTREES

STUFFED CHICKEN BREASTS

Ginger Chicken Stir-Fry	\$8.75		
DF Chicken Breast Pieces Stir-Fried w/ Mixed Vegetables over Multi-Grain Rice Pilaf		Southern Style Cornbread w/ Chicken Veloutè	\$7.00
*Can Be Made GF		Dried Fruit & Nut Stuffing	\$7.25
Chicken Panang GF/DF*Spicy	\$8.75	*Contains Nuts w/ Chardonnay Cream	
Chicken & Vegetables Stir-Fried in Red Curry Coconut Milk Cream Sauce over Rice Noodles		Florentine Spinach & Assorted Cheeses w/ Lemon Alfredo	\$8.00
Chicken Enchiladas Layered Flour Tortillas w/ Chicken, Sauteed Onions, Peppers, Cheese & Red Enchilada	\$6.95	Saveur Spinach & Artichoke w/ Forestiere Sauce	\$8.00
Sauce Chicken Divan Chicken Breast Pieces, Broccoli & Cheddar Jack in a Curry Lemon Sauce over Multi- Grain Rice Pilaf	\$5.50	*Minimum Order 50 Guests *2 Pieces per Guest Includes: Wings, Drumsticks, Thighs & Breasts	\$5.00
Cajun Chicken Pasta Blackened Chicken, Peppers, Celery & Onions in a Cajun Cream Sauce tossed w/ Pasta & Parmesan	\$6.50	Choice of: BBQ, Herb Rubbed or Honey Lemon Pulled Chicken	\$5.50
Penne Alfredo w/ Grilled Chicken Pollo Rosa	\$7.50 \$6.00	GF/DF Choice of: BBQ or Teriyaki Sauce	



Chicken w/ Spanish Rice, Bell Peppers, Zucchini, Yellow Squash, Onions & Garlic

Ginger Chicken Stir Fry



Pulled Chicken

TURKEY

*All Items Priced Per Serving Unless Marked Otherwise.

Sliced Turkey, Dressing & Gravy w/ Your Choice of Dressing:		Autumn Spiced Turkey Breast GF/DF *Seasonal (Available October-March)	\$8.50
Cornbread	\$9.00	Rubbed w/ a Cinnamon, Nutmeg, Allspice &	
Fruit & Nut	\$10.00	Ginger Rub, Roasted & Sliced. Served w/ Cranberry Relish	



PORK

*Current Market Pricing & Availability Will Apply

FISH

*Current Market Pricing & Availability Will Apply

	40.50		
Pulled Pork	\$6.50	Salmon (6 oz)	13.00
GF/DF Slow Braised Pork w/ Choice of: BBQ or		Preparation: Grilled, Roasted or Blackened	
Teriyaki. Served w/ Slider Buns.		Choice of:	
Roasted Pork Tenderloin Slices		BBQ GF/DF	
6oz.		Piccata	
Choice of:		Teriyaki *Can be GF	
Demi-Glace	\$8.00	Dill Cream GF	
DF DF	ఫ 0.00	Maple Dijon GF/DF	
— -	\$8.50	Tuscan GF *Suggested Preparation: Blackened	
Michigan Cherry Port Red DF/GF	\$0.30	Cod (6 oz)	70.00
-	\$8.50		12.00
Apricot Dijon Reduction GF/DF	Ф 0.30	Preparation: Grilled, Roasted or Blackened	
GF/DF		Choice of:	
Pork Pot Roast	\$8.00	Piccata	
Can be Made GF		Herb-Crusted DF	
Potatoes, Onions & Carrots In White Wine &		Dill Cream	
Pork Stock.	45.50	Mediterranean GF *Can be DF	
Dearborn Ham Slices GF/DF	\$7.50	w/ Olives, Tomatoes, Feta & Capers	
Choice of: Honey Glazed or Michigan Cherry		Mahi Mahi (6 oz)	
Reduction		Preparation: Grilled, Roasted or Blackened	
Brats & Kraut	\$9.50	Choice of:	
GF/DF		Tropical Fruit Salsa GF/DF	14.50
German Style w/ Potatoes, Apples &		Pico de Gallo GF/DF	13.50
Caraway		Teriyaki *Can Be GF	13.00
BBQ Pork Baby Back Ribs	\$13.75	Mediterranean GF *Can be DF	13.00
GF/DF		w/ Olives, Tomatoes, Feta & Capers	.5.55
1/4 Slab. *2 Per Serving.		, ,	



Slow Cooked w/ our Homemade BBQ Sauce

Pork Tenderloin w/ Michigan Cherry Reduction



VEGETARIAN

*All Items Priced Per Serving Unless Marked Otherwise

Vegetarian Enchiladas V Layered Flour Tortillas w/ Refried Beans,	\$6.00	Lasagna Marinara V. Sold in Servings of 12	\$8.00
Sauteed Onions, Peppers, Cheese & Red Enchilada Sauce	47.00	Vegetable Lasagna v.	\$9.00
Vegetable Rosa v.	\$7.00	Mixed Vegetables & Variety of Cheeses w/ Your Choice of: Marinara or Alfredo	
Spanish Rice, Bell Peppers, Zucchini, Yellow Squash, Onions, Garlic, Salsa & Shredded Cheddar Jack Cheese		Pasta Primavera V. w/ Penne, Broccoli, Cauliflower, Carrots	\$8.00
Broccoli Divan V. Broccoli, Cauliflower, Carrots & Cheddar	\$6.00	Choice of Sauce: Basil Pesto Cream, Tuscan, Alfredo, Palomino or Marinara	
Jack in a Curry Lemon sauce over Rice Pilaf		Forestiere Pasta	\$9.00
Stuffed Portobello Mushroom V. *Can be GF Upon Request Stuffed with a Variety of Cheeses, Roasted	\$9.00	V. Penne Pasta w/ Wild Mushrooms in Madeira Cream	
Veggies & Breadcrumbs Choice of: Marinara or Roasted Red Pepper Coulis		Three Cheese Penne V. w/ Marinara & Italian Cheeses	\$6.00
Roasted Stuffed Peppers V/GF * Can be Vegan Upon Request w/ Artichoke Hearts, Feta, Mixed Vegetables,	\$7.00	Penne Palomino V. Penne w/ Spinach in a Creamy Marinara	\$8.00
Brown Rice & Quinoa Choice of: Marinara or Roasted Red Pepper Coulis		Butternut Squash Ravioli v.	\$11.00
Add Tofu for 1.00 Roasted Portobello Caprese	\$9.00	Choice of: Sage Cream Sauce, Butternut Squash Coulis or Southwestern Sauce w/ Corn & Black Beans	
V/GF. Sliced Tomatoes, Basil, Mozzarella, Extra Virgin Olive Oil & Marinara		Eggplant Parmesan V. Breaded Eggplant Baked w/ a Variety of Cheeses and Marinara	\$8.00



Pesto or Red Pepper Pesto

ENTREES

VEGAN

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Wild Mushroom Risotto Vegan w/ Quinoa, Spinach & Leeks	\$8.00	Ratatouille GF/Vegan. Minimum Order 20 Servings. Eggplant, Zucchini, Yellow Squash,	\$9.00
Wild Mushroom Stroganoff Vegan over Brown Rice Quinoa	\$9.00	Tomatoes, Bell Peppers, Onions, Garlic & Herbs *We suggest serving this Entree along with Brown Rice Quinoa w/ Tofu	
Spicy Vegetable Panang GF/Vegan Stir-Fried Vegetables in Red Curry Coconut Milk Cream over Rice Noodles	\$8.00	Grilled Vegetable Melange GF/Vegan Marinated & Grilled Eggplant, Onion,	\$8.00
Pad Thai Vegan/GF *Contains Nuts Stir-Fried Mixed Vegetables & Rice Noodles Add Tofu for 1.00	\$8.00	Zucchini, Yellow Squash, Bell Peppers & Portobellos Choice of: Marinara or Roasted Red Pepper Coulis	
Black Sesame Vegetable Stir-Fry Vegan *Can be GF Upon Request	\$7.00	Vegan Italian Sausage & Peppers _{Vegan}	\$8.00
Stir-Fried Vegetables w/ Teriyaki over Rice Pilaf Add Tofu for 1.00		Apple Walnut Stuffed Acorn Squash	\$7.00
Pasta Primavera v.	\$8.00	GF/Vegan *Seasonal (September-February) w/ Apple Cider Reduction	
w/ Penne, Broccoli, Cauliflower, Carrots Your Choice of Sauce: Cauliflower Alfredo, Sun-Dried Tomato		Asparagus & Cannellini Risotto Vegan *Seasonal (April-August)	\$8.00